

**AMENDMENT TO THE CLAIMS**

The following claim set replaces all prior versions, and listings, of claims in the application:

1. (Currently Amended) At least one of a paper and a board consisting of a fibrous medium coated with at least one conventional surface coat printed by gravure or flexographic printing which conventional surface coat includes a pigment component consisting ~~essentially~~ of kaolin and/or calcium carbonate, and including, between the fibrous medium and the conventional surface coat, an inner coat deposited in an amount from one gram to five grams per square meter (1 to 5 g/m<sup>2</sup>), and wherein the inner coat is formed of a composition which includes a single pigment consisting of silica.
2. (Canceled)
3. (Previously Presented) At least one of a paper and a board according to Claim 1, wherein the pigment-containing composition of the inner coat is deposited in an amount of from one gram to three grams per square meter (1 to 3 g/m<sup>2</sup>).
4. (Currently Amended) A process for the manufacture of a paper or a board, printable by gravure or flexographic printing, which consists of the following steps:
  - producing a fibrous medium from a paper suspension;
  - depositing on the fibrous medium between one gram and five grams per square meter (1 and 5 g/m<sup>2</sup>) of a composition which includes a single pigment consisting of silica;
  - drying the fibrous medium which has been deposited;
  - coating the covered fibrous medium with at least one conventional surface coat printable by gravure or flexographic printing which

conventional surface coat includes a pigment component consisting essentially of kaolin and/or calcium carbonate;  
drying the paper or board created by said drying and coating steps; and  
calendering the paper or board obtained.

5. (Previously Presented) A process according to Claim 4, wherein the deposition of the composition on the fibrous medium is carried out by coating.

6. (Previously Presented) A process according to Claim 5, wherein the deposition of the composition on the fibrous medium followed by the coating of the conventional surface coat are carried out using at least one of a coater, a size press, and a metering size press (MSP).

7 - 8. (Canceled)